

# Mental Health and Substance Abuse Treatment Resources for Goochland and Powhatan Counties

## Community Services Boards

Provide Services for Mental Health, Substance Use Disorders and Intellectual Disabilities

Goochland Powhatan Community Services

[gpscs.org](http://gpscs.org) **Goochland (804) 556-5400 Powhatan (804) 598-2200**

**24/7 Emergency Lines: 804-556-3716 or 804-598-2697**

All other Community Service Boards in Virginia by county [vacs.org/directory.html](http://vacs.org/directory.html)

## Information for Referrals (Outpatient and Inpatient Treatment)

Addiction and Recovery Treatment Services- see resources tab on [rsaac.org](http://rsaac.org)

Children's Mental Health Resource Center **(804) 828-9897**

SAMHSA's National Helpline **1-800-662-HELP (4357)**

*Get live help from this free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for people and families facing substance use disorders.*

## Other Local Resources in Goochland and Powhatan

Coalition of Powhatan Churches [coalitionofpowhatanchurches.com](http://coalitionofpowhatanchurches.com)

Full Circle Grief Center [fullcirclegc.org](http://fullcirclegc.org)

GoochlandCares and Family Services [goochlandcares.org](http://goochlandcares.org)

GRAPLE [GRAPLEva facebook.com](https://www.facebook.com/GRAPLEva)

Office of Children's Services (Goochland) **(804) 556-5875**

Medication-Assisted Recovery

Anonymous (MARA) [mara-international.org/online meetings](http://mara-international.org/online meetings)

Powhatan Family Counseling [powhatanfamilycounseling.com](http://powhatanfamilycounseling.com) **(804) 598-9577**

Powhatan Free Clinic and Family Services [freeclinicofpowhatan.org](http://freeclinicofpowhatan.org)

Rural Overdose & Outreach Team (ROOT) [Facebook.com/ROOTProjectPowhatan](https://www.facebook.com/ROOTProjectPowhatan)

## Recovery

Addiction Recovery Support Warmline **1(833) 473-3782**

Al-Anon and Alateen [alanonrichmond.org](http://alanonrichmond.org), [vaalanon.org](http://vaalanon.org) **(800) 344-2666**

Alcoholics Anonymous [aarichmond.org](http://aarichmond.org) **(804) 355-1212**

Celebrate Recovery [pccwired.net/celebrate-recovery](http://pccwired.net/celebrate-recovery)

Families Anonymous [familiesanonymous.org](http://familiesanonymous.org) **(800) 736-9805**

Narcotics Anonymous [rvana.org](http://rvana.org)

Robin's Hope [robinshope.com](http://robinshope.com) **(804) 608-9389**

SAARA of Virginia [saara.org](http://saara.org) **(804) 762-4445**

VARR (VA Assoc of Recovery Residences) [varronline.org](http://varronline.org)

## Warm Lines & Support

AliverVA (Peer Run Warmline, 7 days a week, 8am-midnight) **(833) 4PEER-VA**

Mental Health America of Virginia peer run mental health warmline **(866) 400-MHAV** (call or text)

Find more local resources at **WWW.RSAAC.ORG**

# National, State, and Regional Resources

If an emergency call 911. If behavioral health crisis, call 988.

24/7 Support in Finding Resources Across Virginia	<a href="http://211virginia.org">211virginia.org</a> <b>2-1-1</b>
Adult Protective Services	<a href="http://dss.virginia.gov">dss.virginia.gov</a> <b>(888) 832-3858</b>
Be Well VA: Mental Health and Wellness for Central Virginia	<a href="http://bewellva.com">bewellva.com</a>
Depression Bipolar Support Alliance	<a href="http://dbsalliance.org">dbsalliance.org</a>
Eating Disorders Awareness	<a href="http://nationaleatingdisorders.org">nationaleatingdisorders.org</a> <b>(800) 931-2237</b>
Medical Assistance Tool	<a href="http://MAT.org">MAT.org</a>
Mental Health America of Virginia	<a href="http://mhav.org">mhav.org</a>
VOCAL	<a href="http://vocalvirginia.org">vocalvirginia.org</a>
National Alliance on Mental Illness (NAMI)	<a href="http://namivirginia.org">namivirginia.org</a> <b>(800) 950-6264</b>
National Crisis Text Line	<a href="http://crisistextline.org">crisistextline.org</a>
National Domestic Violence Hotline	<a href="http://thehotline.org">thehotline.org</a> <b>(800) 799-7233</b>
National Harm Reduction Coalition	<a href="http://harmreduction.org">harmreduction.org</a>
National Human Trafficking Hotline	<a href="http://humantraffickinghotline.org">humantraffickinghotline.org</a> <b>(888) 373-7888</b> , or text "BeFree" to 233733
National Runaway Safeline	<a href="http://1800runaway.org">1800runaway.org</a> <b>(800) 786-2929</b>
National Sexual Assault Hotline	<a href="http://rainn.org">rainn.org</a> <b>(800) 656-4673</b>
National Suicide and Crisis Prevention Line	<b>dial 988</b> <a href="http://suicidepreventionlifeline.org">suicidepreventionlifeline.org</a> <b>(800) 273-8255</b>
Start Your Recovery	<a href="http://startyourrecovery.org">startyourrecovery.org</a>
Substance Abuse and Mental Health Treatment Locator	<a href="http://findtreatment.gov">findtreatment.gov</a>
Trevor Project: 24/7 crisis support services to LGBTQ young people	<a href="http://thetrevorproject.org">thetrevorproject.org</a>
Veterans Crisis Line	<a href="http://veteranscrisisline.net">veteranscrisisline.net</a> <b>(800) 273-8255</b> , select Option 1
Virginia Child Abuse Hotline	<a href="http://dss.virginia.gov">dss.virginia.gov</a> <b>(800) 552-7096</b>
Virginia Poison Control	<a href="http://poison.vcu.edu">poison.vcu.edu</a> <b>(800) 222-1222</b>

**(804) 556-5408**  
**WWW.RSAAC.ORG**

**SUBSTANCE  
ABUSE  
AWARENESS**  
Coalition

Saving Lives in Goochland  
and Powhatan Counties