

HCPS SCHOOL COUNSELING PRESENTS

CRITICAL TEEN ISSUES: WORKSHOPS FOR EDUCATORS AND PARENTS

Please share
with neighbors
and friends!

Thursday, November 30, 2017 5:30 p.m. – 8:15 p.m.
Hermitage High School

Please join us for an informal evening of workshops to discuss a variety of critical teen issues.

REGISTER:

Parents and Community Members register at: <https://tinyurl.com/register-criticalteenissues>

HCPS Educators register through ERO: <https://ero.henrico.k12.va.us/login.aspx?ReturnUrl=%2fDefault.aspx>

WORKSHOPS AVAILABLE:

6:00pm – 8:00pm **More Than Sad**

Learn to recognize signs of depression and other mental health problems in teens, and how to get them help.
Speaker: Shirley Ramsey M.Ed., American Foundation for Suicide Prevention

6:00pm – 8:00pm Assessing and Treating Substance Use in Adolescents – Address warning signs and symptoms to determine who is at risk for Substance Use Disorders and discuss how to talk to teens about substance use. Speaker: Barbara Burke LCSW, VA Family Counseling Center for Recovery

6:00pm – 8:00pm Eating Disorders – Gain insight on early detection, intervention and support of children with eating disorders. Speaker: Beth Ayn Stansfield M.Ed. Stay Strong Virginia

6:00pm – 7:00pm Teens and the Grief Journey – Discuss ways we can all best support teens who are grieving the death of someone significant to them. Speaker: Allyson Drake M.Ed, CT, Full Circle Grief Center

6:00pm – 7:00pm Side by Side with LGBTQ+ Youth – Learn about LGBTQ+ identities, risk and protective factors and how to be a supportive adult. Speaker: Ted Lewis, Executive director of Side by Side (formerly ROSMY)

7:15pm – 8:15pm Building Healthy Relationships – Recognize the signs of dating abuse and promote healthy relationships within friend groups and understand consent and cyber safety.
Speaker: Elena Brooks-Perkins M.S.Ed, Safe Harbor

7:15pm – 8:15pm The Impact of Trauma on Children and Adolescents – Gather information about Adverse Childhood Experiences (ACES) and the ways that trauma in childhood and adolescence impacts cognitive and social-emotional development. Speaker: Cara Jean O'Neal Ed.S, HCPS School Psychologist

Local community agencies will be available in the exhibitor area. Arrive at 5:30 p.m. to gather additional resources.
Food concessions will be open for cash only purchases.

